



Improve your outcome

CLENPIQ

DO NOT TAKE ASPIRIN, ANTICOAGULANTS, IBUPROFEN, ANY OTHER BLOOD THINNERS OR VITAMIN E 10 DAYS PRIOR TO YOUR PROCEDURE. DO NOT TAKE ANY WEIGHT LOSS MEDICATION OR AMPHETAMINES 14 DAYS PRIOR TO YOUR PROCEDURE. DO NOT TAKE YOUR VITAMINS, IRON, OR IRON SUPPLEMENTS 72 HOURS PRIOR TO YOUR PROCEDURE.

CLEAR LIQUIDS ALLOWED - NO SOLID FOODS

Black coffee	Popsicles
Tea	Hi-C Juices
Clear Soft Drinks	Plain Jell-O
White Grape/Apple Juice	Beef/Chicken bouillon or broth
White Cranberry Juice	Water
Gatorade/Powerade	

DO NOT DRINK ANYTHING RED OR PURPLE (red or purple can stain the colon and may appear to be small amounts of blood. To help ensure an accurate exam, these liquids should be avoided)

LIQUIDS NOT ALLOWED:

Orange Juice
Tomato Juice
Milk or dairy products

DAY BEFORE THE PROCEDURE:

Begin your clear liquid diet from the time you awake on _____. You may continue to take all your regular medications during your prep unless otherwise instructed. Start taking your first dose of the prep at **6pm**. Make sure you drink plenty of clear liquids afterwards (40oz). Then begin second dose at **11pm**, followed by at least 24oz of clear liquids. **You must be fasting 6 hrs prior to procedure.**

DAY OF PROCEDURE:

Take your blood pressure or cardiac medications with a sip of water before you leave home. Bring any additional medications with you to take after your procedure.

Report to:

Bay Area Surgicare Center

**502 W. Medical Center Blvd, Webster, Tx 77598
(281) 332-2433**

Procedure date: _____ Procedure time: _____ Arrival time: _____

A PRESCRIPTION FOR YOUR BOWEL PREP WILL BE SENT TO YOUR PHARMACY THE WEEK BEFORE YOUR PROCEDURE.

MAKE SURE YOU HAVE SOMEONE WITH YOU ON THE DAY OF YOUR PROCEDURE.